

**ULVERSTON
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Ulverston News

This newsletter is sent to you specifically to give instructions on how to sign up as a non-clinical stewarding volunteer for Covid-19 vaccinations at Ulverston Health Centre.

If you do not want to volunteer, you can stop reading now!

**HELP US DELIVER
THE VACCINE
AND SAVE LIVES**



Covid-19 Vaccinations Volunteering

Preparations are continuing by Dr Murray & Partners to enable Covid-19 vaccinations to start next week (w/c 11th Jan) in the Ulverston Community Health Centre. Patients who are registered with any GP in Ulverston, Dalton, Askam, and Duddon Valley will be invited to the vaccination centre by the NHS in priority order over the coming months.

The exact start date for vaccinations depends on availability of vaccine in Ulverston, which is not yet confirmed. This is a little frustrating, but outside of our control. We have to be ready to start at any time.

The vaccination programme requires volunteers for non-clinical stewarding roles. No experience is required, as training and supervision will be provided. Specific responsibilities include supervising vehicle movements and parking in the health centre car park, supervising and providing assistance to patients and their carers who are waiting in the queue to be vaccinated, and directing patients and carers to vaccination and waiting areas within the health centre building.

If you have medical qualifications and experience, and would like to volunteer to assist with the clinical aspects of the vaccinations, please contact Dr Murray & Partners directly by email at cuccg.ulverstonhealth@nhs.net

Ulverston Self Isolation Group

Non-clinical Covid-19 vaccination stewarding at Ulverston Health Centre is being managed by the Ulverston Self Isolation Group, a voluntary organisation providing support to residents of the LA12 postcode area.

This group is based in Ulverston, and covers a widespread area, as far as Lindal and Marton in the west, and the Crake valley in the north and east.



We recognise that the Ulverston vaccination centre covers residents throughout mid-Furness, and we want to be as inclusive as possible regarding volunteering opportunities. This is not just an "Ulverston show". We all live in the same Furness community, and we hope that everyone feels equally involved.

We are setting up to support three 4-hour shifts per day, with six volunteers per shift, up to seven days per week. Shifts will run from 0800-1200, 1200-1600, and 1600-2000. Sessions will take place over many months, and we hope to sustain everybody's support. That's quite a big challenge!

Please note, we have started to use the name "Ulverston Resilience Group" for some activities, so if you see that name, it's us!

Terms and Conditions

We recognise that everyone is a volunteer, and not paid employees, so we want to keep this simple and reasonable. Nevertheless, we need a few rules just to keep everything straight, and we will need you to confirm that you understand and accept them.

Please read the following, before moving on to the next step.

1. Safety is the number one priority. Volunteers must never knowingly put themselves or anyone else at risk of injury or infection.
2. Volunteers must be aged 17 or over at the time of carrying out their shift(s).
3. Volunteers do not require DBS clearance, but must not take part if they have ever been refused DBS clearance in the past.
4. Volunteers must commit to wearing a face mask, which will be supplied by the NHS, at all times when they are working.
5. Volunteers must wear an NHS ID tag which must be visible at all times when they are working.
6. Volunteers should make all reasonable efforts to keep their personal non-availability information on the shift management system up to date, and to respond to emails and/or texts from the rota manager as quickly as possible.
7. We would prefer volunteers to choose their own shifts, but we reserve the right to allocate shifts if necessary. We do this as fairly as possible, and will fully respect your recorded non-availability times.
8. Volunteers should aim to arrive 10 minutes before the start of their allocated shift(s), and leave when their shift completes.
9. Volunteers may cancel or swap shifts, but should try to avoid doing this within 2 days of their allocated shift, unless absolutely unavoidable.
10. Volunteers should inform the rota manager by phone if they are unable to attend at very short notice.
11. Volunteers should not take part if they are clinically extremely vulnerable or have any other significant health concerns.
12. Volunteers should follow any reasonable instructions from the shift manager, particularly relating to safety.

How do I sign up?

Great! Hopefully you've read everything above, and you want to know what to do next. If you've skipped the Terms and Conditions section, please go back and read it now.

If you are content with the Terms and Conditions, and want to confirm yourself as a volunteer, we need you to do the following.

At the foot of this email is a link that says "Update your preferences". You'll see

the same link on every newsletter that we send you. Please click on the link, and then make sure that your first name, last name, email address, and mobile phone number are correct.

Then tick the Covid-19 Vaccination Stewarding Ts & Cs confirmation box, and click the Update button at the bottom of the form to save the changes. This confirms that you have read and accepted the Terms and Conditions, and are willing to be added to our shift rota.

If you do not want to volunteer, then that's fine. You don't need to do anything else. We'll keep sending you our normal fortnightly newsletter.

What happens next?

If you sign up as described above, then we will add you to our RotaCentral shift management system. Please allow 24 hours for us to do this. You will receive a welcome email and SMS text. Follow the instructions in the email to set up any times when you are not available, and also to volunteer for shifts when they come available. We will keep you informed of any important developments by email and/or SMS.

If you need help, phone us on 01229 357951, or reply to this email newsletter.

Thanks for your support

About Ulverston News

Our fortnightly newsletter covers Ulverston events and community matters. We also send email and SMS alerts regarding significant incidents.

Ulverston News Website: ulverston.com
Facebook Group: facebook.com/groups/ulverston
Phone: 01229 357951

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