

**ULVERSTON
NEWS
COMMUNITY
EVENTS
RESILIENCE**



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Ulverston News



Blue Light Hub now open

South Cumbria's first Blue Light Hub officially opened this week. The multi-million pound facility, located next to the A590 at the Beehive Business Park, brings together emergency response services under one roof.

There is a training area for fire & rescue, staff offices, rest rooms, workshops, and community meeting rooms. It is hoped that a community open day will be held once Covid regulations permit.

[Take a tour on YouTube](#)

On your Bike



A heartfelt film by Garry Gifford

You may have encountered Garry Gifford at festivals and events, dressed as a Christmas cracker, dinner lady, PE teacher, gardener, 70's DJ, pirate, and more. He's a local institution, and he also performs at major events all over the country. Like many self-employed people, his business, The Bread and Butter Theatre Company, has been significantly affected by the Covid-19 lockdowns.

Garry has just released a short video, describing his love of cycling and the local countryside. He talks about some personal milestones in his life, his love for his family, and warm socks. He also discusses the good things that have come from Covid lockdown.

This is a lovely video, lasting about 10 minutes, and we highly recommend that you watch it.

[Make a cup of tea and watch Garry](#)

Ulverston Resilience Group



The Ulverston Resilience Group continues to provide non-clinical stewarding at Ulverston Health Centre, and is also running a few projects with the community, including artwork competitions, and something else that you'll find out about next week! The group will continue to provide support to those throughout LA12 who are affected by Covid. Please phone 01229 357951 to request help.

In addition, the group is putting together plans for how it would support the community in the event of a major incident, such as managing evacuation centres. If you have any practical experience in dealing with disaster recovery efforts, and you could spare some time to help with planning, please do get in touch.

Many thanks to Dr Murray & Partners for a generous donation, which is helping the group to get more firmly established. Thank you also to the anonymous person who left a cash donation for the volunteer stewards at the health centre. After careful consideration, we spent all of the money on several hundred creme eggs!

There have been a number of reports of strangers in Ulverston and surroundings who appear to be scouting for dogs, insecure outbuildings, etc. Take extra care to lock doors and be vigilant. No insurance can compensate for the trauma of being burgled, or the loss of a pet.

Other than that, enjoy the Springtime. When going out, dress for any kind of weather that you can imagine, keep your dog away from sheep and lambs, and don't eat daffodil bulbs.

2021 Easter Competition

We welcome entries from Pre-school and Nursery Children in the LA12 area.

Create your Easter themed home artwork or crafted entry, then take a photo and submit to:
urg@ulverston.com

The winning entry will receive a book token and easter egg, for the runners up easter eggs too.
Closing date 1st April 2021.



Covid-19 Vaccinations



Ulverston update

Vaccinations at Ulverston Health Centre and at GSK are progressing to plan. If you receive an invitation letter from the NHS to book an appointment at a mass vaccination centre, then GSK is the closest one for Furness residents. If you try to book and there are no slots available, the advice is to try again later. It shouldn't be necessary to go to Kendal, Lancaster, etc. Alternatively, wait for your GP to contact you to have your vaccination at Ulverston (or Barrow) Health Centre.

Vaccinations at the Ulverston Health Centre generally take place at weekends (Fri/Sat/Sun), as the GPs have to balance the vaccinations programme with delivering normal patient services. Vaccinations at GSK take place every day of the week, including the weekend. If you are going to the GSK centre, you must take your booking confirmation with you, including your booking reference number. Whichever centre you visit, the volunteer stewards will take care of you.

Dr Murray has provided a number of tips for those attending pre-booked coronavirus vaccinations at Ulverston Health Centre.

- Arrive no sooner than 10 minutes before your allotted time, as this helps us keep the queue running smoothly.
- Wear a short-sleeved top under your coat for easy access to the top of your arm.

- If you see there is a queue, please wait in your car until it goes down a bit. We would rather you were a few minutes late getting in than having a long wait in the rain or cold.
- Dress appropriately for the weather, as there is very little shelter outside.
- Respect social distancing guidelines inside and outside of the building, and wear a mask.

Plans are now being made for those who are due to have their second doses at Ulverston Health Centre, but exact dates are not yet finalised. Please do not contact your GP about this, as you will be automatically invited when it is your turn.

[Book an appointment at GSK](#)

Dowdales School
A proud, thriving, ambitious community

We are open to the Community for
COVID-19 LATERAL FLOW TESTING

MONDAY AND THURSDAY 4PM-6.30PM

PROUD TO BE
DOWDALES

Thanks for your support

About Ulverston News

Our fortnightly newsletter covers Ulverston events and community matters. We also send email and SMS alerts regarding significant incidents.

If you have news or information of general local interest that you would like to share, please let me know.

Ulverston News Website: ulverston.com
Facebook Group: facebook.com/groups/ulverston
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