

Ulverston News



Phone **01229 357951**

Ulverston Self Isolation Group is here to help if you are house-bound and have no family or neighbour support. Call **01229 357951** and select option **4** if you live in the Ulverston area, or option **5** if you live in Crake Valley. In an emergency, call the Cumbria Emergency Support number below, or call **999**.

The Lockdown Lowdown



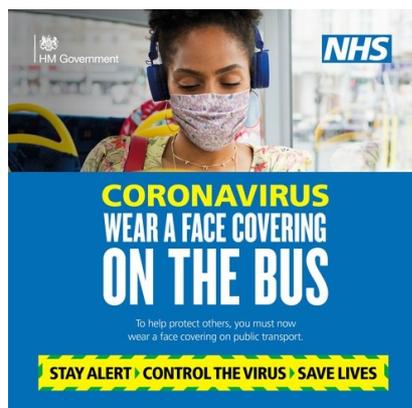
**ULVERSTON
SELF ISOLATION**

Ulverston Self Isolation Group

As we announced last week, the time has come for us to start winding down the group's activities. We certainly don't want to leave anyone in the lurch, so we will continue to deliver services throughout the LA12 area until mid-July.

Please remember that we rely entirely on unpaid volunteers, many of whom are now re-starting their own businesses, or will be returning to employment. We need to give them the space to get back to normal, and support their own families.

If we currently deliver food or prescriptions to you and you have no alternative options, or if you have any other worries, please give us a ring or reply to this email.



What next?

The Ulverston Self Isolation Group has been running since mid-March. The group was formed from scratch, specifically due to the Covid-19 pandemic. We are massively grateful to everyone who has supported us, through donations of time, money, and in many other ways. Although we will be winding down in July, we are now considering options for the group to carry on in some form, to support a second wave if needed, or perhaps to assist the LA12 community at other times of need.

We'll keep you updated, and will probably issue a survey shortly, to help us

make up our minds. This email newsletter will now change from weekly to fortnightly, and we aim to keep it going in that way for the foreseeable future.

Please reply to this email, or feel free to talk to any of the Committee if you have any views or ideas about what we should do next.

Chair: Caroline Smith-Dance

Vice-Chair: Neil Fleming

Secretary: Rosemary Jones

Treasurer: Ian Jones (not related!)

Find out more at ulverston.com

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Ulverston News

Published fortnightly by Ulverston Ltd
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