

Ulverston News



Welcome to our fortnightly newsletter, covering Ulverston events and community matters. We also send email and SMS alerts regarding significant incidents.

Website: Ulverston.com
Facebook: [Ulverston News](https://www.facebook.com/UlverstonNews)
Phone: 01229 357951

Ulverston Self Isolation Group



Loneliness continues to be one of the most persistent problems in our community. We are stepping up our loneliness phone calls, and are doing other things to assist where we can. If you are lonely or need help, then we are here for you. Please call us on 01229 357951, and leave a message via Option 1. We aim to call you back within a day.

The Ulverston Self Isolation Group has a number of projects running, including a Kids Winter Coat Collection, and Cards for Care Homes. See details below for both of these.

All pharmacies in Ulverston are open and do deliveries to those who need them. Please request repeat prescriptions from your GP as normal, and allow 3 working days for processing. Prescription collections may take a little longer than usual and you may have to queue outside, so wrap up warm if the weather is cold.

And finally, you must self-isolate if you have coronavirus symptoms, have tested positive, or are told to do so by NHS Test and Trace. It's the law, and will help protect others. Fines for breaking the law start at £1,000.

Cumbria County Council Update

As England starts a new period of national lockdown, latest data for the week ending 30 October shows the number of new COVID-19 infections continuing to rise in Cumbria, but with variation across the county's six districts.

While Barrow and Carlisle remained the districts with the highest infection rates, both saw their rates drop. Barrow remains above the England average and Carlisle just below. By contrast Allerdale, Copeland and South Lakeland all saw significant increases in their rates, though all remain well below the England average.

The weekly COVID-19 situation report can be found at

For the 3rd week in a row, the 45-59 age group accounted for the greatest number of new cases in Cumbria. Cases among the over 60s also continued to rise, with the infection rate for this age group now just below the England average (155/100,000 v 161/100,000).

The number of patients with COVID-19 in hospitals beds across Cumbria's two NHS Trusts rose to 159 on the 2nd of November (this includes the Royal Lancaster Infirmary which also takes patients from South Cumbria). Registrars data shows a further 11 people died as a result of COVID-19.

Shop Local



Live Local + Love Local = Shop Local

We've worked with Katie from Squirrel and the Ulverston Traders group to compile a list of local shops that are open online and support click & collect or delivery during the national lockdown. You can still buy your food and Christmas presents in Ulverston! Several of them also offer gift vouchers. You could even give somebody a tattoo or a health treatment for Christmas. We're expecting to add more businesses to the list over the next few days, so please keep checking.

[CLICK HERE to Shop Local](#)

Remembrance Day



Notification from Ulverston Town Council

Because of the recently announced Government lockdown which commenced

on Thursday 5 November, it is with great sadness that we have to announce that there will be no Remembrance Day event this Sunday 8 November or Remembrance Day, Wednesday November 11th.

This has been agreed after consultation with our friends at Ulverston Parish Church, Ulverston Branch of the Royal British Legion, together with Ulverston Town Band.

There will be no parade, church service or ceremony at the War Memorial because of the restrictions. The Mayor will lay a wreath privately at the war memorial on behalf of the town.

- The town council encourages all organisations to also lay wreaths privately at the war memorial and the community to remember at home.
- Members of Ulverston Town Band will be playing the Last Post at 11am on Remembrance Sunday from their gardens.
- Ulverston Parish Church, in collaboration with Churches Together in Ulverston and the Ulverston Town Band, have pre-recorded a Remembrance Sunday Service which will be available online, on Facebook and on YouTube.

For further information contact Jayne Kendall on 01229 585778.

HM Government

NHS

NATIONAL COVID ALERT

STAY HOME

5 NOV – 2 DEC

Only leave home for food, medical reasons, exercise, education or work

You must work from home if you can

Avoid travel unless essential

Schools and essential shops will remain open

Remember: wash hands, cover face, make space

Find the latest guidance and exemptions at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)

STAY ALERT > CONTROL THE VIRUS > SAVE LIVES

Support Three Good Causes

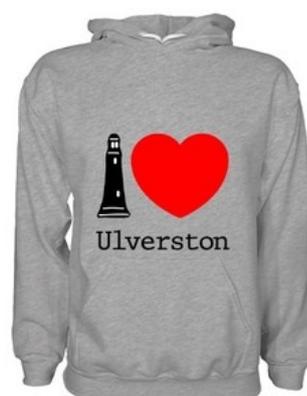
Just a bit of fun, but for three good causes. We're working with Print Social, an ethical UK printing company, to bring you these two offers for a very limited time. Final orders for the t-shirt are this weekend, and you have another week to place orders for the hoodie. We have no plans to put these on sale again, so if you want one, order now!



T-shirt £12.50

A unique organic t-shirt. 10% of the profits go to the NHS Charities Together Covid-19 appeal. ALL of the remaining profit will be split equally between St Mary's Hospice, and Ulverston Self Isolation Group.

[T-shirt shop](#)



Hoodie £24.94

Here's another option to buy a Christmas present and donate some money to good causes. For every hoodie that you buy, we'll donate ALL of the profit, about £2.50 per hoodie, depending on sales volumes, to St Mary's Hospice.

[Hoodie shop](#)

Kids Winter Coat Collection

The Ulverston Self Isolation Group has teamed up with Booths Supermarket to arrange a winter coats swap. Around 80 coats have been collected so far. If you can donate coats, or if you could put them to good use for your own children, please get in touch with Caroline Smith-Dance via the telephone helpline, or send her a Facebook private message. See details below. The coats will be distributed in a lockdown-friendly way.



*Do you have a warm coat your child
no longer wears?*

KIDS WINTER COAT COLLECTION

Can you donate it? It needs to be.....

- 1** In good clean condition ,bagged and labelled with age and boys/girls
- 2** Dropped off in week of 2nd-8th November at
**BOOTHS ULVERSTON
BETWEEN 2ND-8TH
NOVEMBER**

**DO YOU NEED A COATPLEASE CALL HELPLINE
01229 357951**

**LEAVE DETAILS AND WE WILL CALL WITH
COLLECTION DETAILS.**

COLLECTION DATE WILL BE 15/11/2020



POSTER MAKER



CARDS FOR CARE HOMES

We are collecting cards, letters, postcards for Christmas for our local care homes.

This is to try and bring cheer to residents who may not have visits
Also if you feel you can possibly small gifts, soaps, hand creams, biscuits, chocolates etc.

All items will be collected and quarantined by us and care homes before being given.

This is for any age to join in with.
You can drop from 1/11/2020 until 10/12/2020
Boxes to drop these will be located at
Squirrel Shop in town
Town council office
Croftlands Launderette
42 Watery Lane
The Red House North Lonsdale Road LA12 9DX
31 Windsor Crescent Croftlands



Find out more at ulverston.com

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Alternatively, phone 01229 357951,
and select option 1 to leave a voice
message, or option 2 to hear a
recorded update regarding current
incidents in Ulverston.

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